John E. Burns

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CAREER SUMMARY

System Administrator with 10+ years of IT experience and 7+ years securing identity and access infrastructure across hybrid environments. Skilled in managing Azure AD (Entra ID), Okta, Microsoft Defender, and Office 365 security controls. Proven track record of automating patching, threat response, and identity workflows using PowerShell. Led initiatives in MFA enforcement, vulnerability remediation, and endpoint protection using tools like Nessus, Carbon Black, and Microsoft Sentinel. Currently transitioning into a full-time Cloud Security Engineer role, with hands-on cloud security labs, application security, and an expanding portfolio of security automation and detection projects.

EXPERIENCE

Focused Ultrasound Foundation System Administrator

Charlottesville, VA Aug 2017 - Present

- Threat Detection & SIEM: Tuned Splunk dashboards and detection rules for real-time log triage and enhanced threat visibility.
- Endpoint Protection: Hardened systems using Carbon Black and Microsoft Defender for Endpoint, automating quarantines and remediation.
- **Incident Response:** Investigated security events using Defender, NinjaOne, and Windows logs; supported internal threat resolution.
- **Security Automation:** Built PowerShell scripts for patching, access control, and incident reporting to streamline operations.
- **Identity & Access Management:** Enforced MFA, conditional access, and RBAC policies via Azure AD and Okta across 60+ hybrid-joined devices.
- **Security Awareness Training:** Delivered phishing simulations and training to 50+ staff, reducing click rates by 30%.

Innovative Refrigeration Systems

IT Support Specialist

Lyndhurst, VA Jan 2016 – July 2017

- IT Asset Management: Inventoried, deployed, and troubleshot company-wide computer assets and network devices.
- Access Control & Permissions: Managed Active Directory user permissions & shared drives.
- Documentation & SOPs: Created technical documentation and SOPs for IT staff and web development teams.

District of Columbia Army National Guard

Information Management Officer

(Deployed in Kuwait) Aug 2014 – July 2015

- Active Directory Management: Ensured user access security compliance on military networks.
- System Administration: Installed and maintained 25 Windows-based computers in an unclassified network.
- **Security Monitoring**: Maintained and monitored **66 CCTV cameras & 4 DVR systems**, saving **\$2,000** of Army property.

National Guard HQ

Washington, D.C.

Joint Operations Center Operator

Jan 2013 - Aug 2014

- Network & User Administration: Managed Active Directory passwords & user access.
- Incident Handling & Crisis Communication: Coordinated emergency procedures & FEMA communication drills

CERTIFICATIONS

(ISC)2 SSCP: ID: 682974

CompTIA CYSA+: WZWKGP6NSK411RSL CompTIA Security+: R6MMJRTM1GV4Q7KN CompTIA Network+: 59586GHMC31OK6BB

EDUCATION

- George Mason University | Certificate in Information Technology, Security (2011 2013)
- Johnson & Wales University | B.S. Food Service Management (2001 2005)

TECHNICAL SKILLS AND TOOLS

Identity & Access Management (IAM)

- Active Directory (AD) User provisioning, group policy and role-based access control (RBAC).
- Microsoft Entra ID (Azure AD) Cloud-based identity management and Devices.
- Office 365 Security & Compliance Set up and manage Intune and SharePoint permissions.
- Okta Identity federation, MFA enforcement, and SSO integration.
- NinjaOne Endpoint management and security monitoring.

Cybersecurity & Threat Detection

- Microsoft Defender for Endpoint Endpoint protection, security hardening, and threat response.
- Cloud Security: Microsoft Entra ID (Azure AD), Microsoft Defender for Cloud, Intune, Conditional Access
- Splunk Security Information and Event Management (SIEM), log analysis, and incident response.
- Nessus Vulnerability scanning, risk assessments, and security patch compliance.
- Firewalls & Network Security WatchGuard, Windows Firewall, rule and VPN configuration.
- Security Awareness Training Employee phishing simulations and policy enforcement.

ADDITIONAL

- OSINT & Threat Intelligence: Conducted Open-Source Intelligence (OSINT) investigations for CTF
 competitions (e.g., RVAsec CTF) and real-world cybersecurity tasks, enhancing analytical and investigative
 skills
- Hands-On Cybersecurity Training: Actively participate in TryHackMe challenges, focusing on penetration testing, forensics, and security operations to strengthen practical skills.
- Industry Research & Continuous Education: Stay updated on emerging cybersecurity threats, tools, and best practices by following industry-leading sources, including the SecurityNow podcast, cybersecurity blogs, and security conferences.